

Attorney Docket No.: MUN-P1021

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CENTRAL FAX CENTER****JAN 28 2009****IN THE UNITED STATES PATENT AND TRADEMARK OFFICE**

FIRST NAMED INVENTOR: David MUNSON

FOR: METHOD AND APPARATUS FOR PHYSICAL FITNESS TRAINING

APPLICATION NO.: 10/737,018

FILING DATE: December 16, 2003

EXAMINER: Glenn E. Richman

ART UNIT: 3764

CUSTOMER NO.: 64458

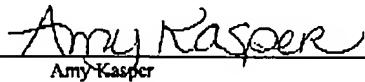
PRELIMINARY AMENDMENT

Mail Stop AMENDMENT
Commissioner for Patents
P.O. Box 1450
Alexandria, VA 22313-1450

This Preliminary Amendment is being filed concurrently with a Request for Continued Examination (RCE). With this Preliminary Amendment, Claims 1, 3-10, and 31-40 are being submitted (as amended) for consideration of twenty (20) pending claims. These Claims 1-20 correspond to the group of claims elected to be prosecuted under the Restriction Requirement, and it is believed to be appropriate to consider all these claims in the present application.

CERTIFICATE OF MAILING

I hereby certify that this correspondence is, on the date shown below, being deposited with the United States Postal Service with sufficient postage as first class mail, in an envelope addressed to the Mail Stop Amendment, Commissioner for Patents, P.O. Box 1450, Alexandria, VA 22313-1450.

Date: 1/28/09
Amy Kasper